

**There is Hope Radio**  
**1-5-25-Transcript**  
**Lifetime Resolutions-Part Two**  
**PreacherRichD**

The following broadcast is sponsored by Standing in the Gap. Our focus is intercessory prayer for individuals, the community of Fairfield Bay, Arkansas, and America. Check us out on the web at [standinginthegap.creatingfutures.org](http://standinginthegap.creatingfutures.org). That's [standinginthegap.creatingfutures.org](http://standinginthegap.creatingfutures.org). Welcome to There is Hope. Any advice or counsel given is provided for informational purposes only. Your host for There is Hope, Richard Dover. Welcome to There is Hope Radio.

If you tuned into our last broadcast, I spoke on replacing New Year's resolutions with lifetime resolutions. We're going to continue that discussion in this broadcast. Here's a short recap of the previous broadcast.

Over 90% of New Year's resolutions are not fulfilled. I believe one of the biggest reasons they are not fulfilled is because those who make them are waiting to do what they need to do until New Year's. Why wait? Why would you not start doing them immediately any time of the year? I would say because there are more likely wishes than actual commitments for change. Change. I believe another reason why New Year's resolutions are not fulfilled is because they require change and most people are not very committed or effective in making changes in their life. Change takes work and most do not want to put in the work to make fruitful changes in their life and most are trying to make changes in their life in their own strength.

What I'm suggesting is that we make lifetime resolutions not based upon the time of year but based upon what God is asking us to do. If you're a follower of Christ, then you have the Holy Spirit living within you. He's going to regularly make you aware of what needs to change in your life.

So how about making a resolution to say, yes, Lord, by your strength, I'm going to take the steps to make positive changes in my life. If you're not a Christian, if you not even believe in a God, is there something tugging on your heart to make some positive changes in your life? I absolutely believe anything that is positive comes from God, but it's okay if you believe differently. Just be aware, if you're trying to make some serious change in your life, that it might require more than pulling up your bootstraps, cinching up your belt and biting the bullet. But go ahead and do that if that's what works for you. Maybe you will be the exception. But I would be doing you a disservice if I did not tell you there's an easier way. A little later on, we will talk about that easier way. For now, let's agree that all of us, Christian or not, believer in God or not, most likely have some things in our life that need to be changed. Let's also agree, maybe it's time to make some lifetime resolutions to become more healthy and whole in all areas of our life.

Let's bring positive changes in our family, our community, and our nation as we take responsibility for our personal life. In the last broadcast on this topic, I suggested why don't we take some Bible commands and ask God to help us to live them out. Well, there I go again, getting too spiritual for those listeners who may be agnostics, atheists, God-disdainers or haters.

Listen up, whoever you may be, I am going to share some Bible verses that I believe all of us, yes, all of us, well, maybe most of us can agree are good resolutions to have in our life. I know for sure there are those who may not believe they are good for their life, but good for others to live by. So again, maybe you don't believe in the Bible, but I'm gonna share some things in the Bible that I believe you could agree, whether you're a believer in God or not, whether you're a Christian or not, that you could believe that they may be good resolutions to have in our lives.

So I'm gonna be sharing from the Bible, I'll be using the Amplified Bible. So we're gonna go to Colossians 3, oh, wait a second, I just forgot, I wanted to mention to you, you can get the transcript of this broadcast by going to [thereishoperadio.org](http://thereishoperadio.org), that is [thereishoperadio.org](http://thereishoperadio.org).

So our first Bible verse is Colossians 3:8. *But now rid yourselves completely of all these things, anger, rage, malice, slander, and obscene, abusive, filthy, vulgar language from your mouth.* Is there anyone listening that does not agree our society would be much better if unrighteous anger, rage, malice, which is hate, slander, and abusive language was not part of our life? But I would say that most people, even if they call themselves not very religious, think you should control your tongue around children. So, can we all agree that it'd be good if we make some lifetime decisions to take control of our emotions and behavior for the betterment of others in society?

Next Bible verse that could be a lifetime resolution, Ephesians 4:29. *Do not let unwholesome, foul, profane, worthless, vulgar Words ever come out of your mouth, but only such speech as is good for building up of others according to the need and the occasion, so that it'll be a blessing to those who hear you speak.* What would happen if each of us would make a resolution to not speak unwholesome, worthless Words? What if we each made a commitment to build others up with the Words that we speak? Yes, that includes at times speaking tough Words, but speaking them with love.

In reality, I'm right now speaking some challenging Words, but I hope you sense it is out of love, not judging, condemning, or hating anyone. Remember, all these Bible passages apply to the one that is speaking, so I'm certainly not taking the Bible to point at you without pointing at myself. So again, Ephesians 4:29 says, *do not let unwholesome, foul, profane, worthless, vulgar Words ever come out of your mouth, but only such speech as is good for building up others according to the need and to the occasion, so that it'll be a blessing to those who hear you speak.*

The next passage is 1 Thessalonians 5:15. *See that no one repays another with evil for evil, but always seek that which is good for one another and for all people.* How many times do you hear people say, may karma get you, or may karma get them? It's actually a very foolish statement.

Think about it. You're saying may bad come to a person because they have done bad to you. Well, guess what? You're hoping bad or harm will come to a person, so guess what? If you are wishing harm on someone, then they could say may karma come upon you. It becomes a vicious cycle. Honestly, that is one of the problems with our culture today. It is this mindset that fuels bitterness, hatred, vindictiveness, and disunity.

There is a big difference between sowing what we reap, consequences for wrong behavior. There certainly needs to be righteous justice. That is much different than doing evil to punish evil. That is the nature of the devil. That is the nature of wicked people. Listen, if you call yourself a Christian and you're living a life of vindictiveness, you need to repent. You certainly need to make a lifetime resolution of not repaying evil for evil.

The last Bible verse that we'll take a look at is Philippians 4:8. *Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's Word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute, if there's any excellence, there's anything worthy of praise, think continually on these things. Center your mind on them and implant them in your heart.*

How about focusing in your mind, setting your mind on, implanting in your mind on being a person who's known to be trustworthy and honest, or a person who's respectful, or a person who does not twist what the Bible says, or be a person who walks in purity, or be a person who brings peace, or a person who is known to be of good virtue. I'm really gonna stretch you and me. How about all of us focusing on having all of these characteristics in our life? I know you say impossible. It is absolutely impossible if we try to do them on our own. Good luck in living this type of life if you're the pull up the bootstraps, cinch the belt, bite the bullet type of person. I don't know about you, but I'm gonna throw my hands up and say, God, there is no way I can be such a person. I need your help. In fact, I would say that I need the help of the Holy Spirit. In Philippians 4:13, it states, *I can do all things through Christ Jesus*. Hallelujah, I, you, can do all things through the power of Christ Jesus. We're not left on our own as we make necessary changes in our life. We actually can have faith to believe that we can be known as a truthful and honest person, that we can be a person that's respectful, that we can be a person who doesn't twist the Bible. We can be a person who walks in purity. We can be a person who brings peace. We can be a person of good virtue through the power of the Holy Spirit.

So, let's pray. Heavenly Father, as we look at these traits, we understand that through our own strength, we are not going to be able to walk out those traits in our life, but through your Holy Spirit, through the power of your Word and through the power of your Holy Spirit, we can be transformed, we can be changed. We can be individuals that walk in honesty and integrity. We can be individuals that walk in purity. We can be individuals that bring peace to the power of your Holy Spirit. So, will you give us strength in whatever area that we need to grow in? Will you give us the strength to grow in that area? Will you empower us to be able to make the necessary changes in our life to become the person who you would want us to be, who society would want us to be, who we want others to be? And so Lord, bring the change in us first. Do what you need to do in our lives, Lord. Help us to be individuals that walk in your purity, that walk in your holiness. Help us to be individuals that can bring a positive light in our community. So Lord, we're saying empower us, strengthen us, make us who we need to be in Jesus' name, amen.

Before we close out this broadcast, I wanna let you know that our next broadcast is titled Honesty, Trust, and Transparency. I'm gonna talk about how our society would be different if each of us would walk in honesty and that we could be people that could be trusted.

And I believe that the more we are transparent, the more that people can trust us. And sadly in our culture today, most people are not very transparent and they're not very vulnerable, but I believe if we will walk in transparency that there would be a change that would take place in our communities.

As I wrap up this broadcast, I want to remind you that you can listen to the podcast of this and previous broadcast and obtain the transcripts by going to [thereishoperadio.org](http://thereishoperadio.org). That is [thereishoperadio.org](http://thereishoperadio.org).

One last thing. At the time of this recording, it is the first week of the year 2025. So it is the start of a new year. If you're a Christ follower, will you make a commitment to live a holy life through the power of the Holy Spirit and share the good news with others in 2025? If you're a Christian that is in a backslidden state, will you call out to God with repentance? Will you ask him by faith to forgive you of the errors of your way and give you strength to start fresh in 2025? Will you receive his forgiveness for you? If you would like help to get back on track, give me a call. I'll give you my number in just a minute.

If you have a disdain for Christianity, for the things of God, and you have listened to this entire broadcast, just maybe there's something spiritual going on in your life. Just maybe it is time to go on a God hunt. If you would like someone to help you on that journey, I'm more than willing to travel with you on the journey. I want to pray for you right now. Lord God, if someone is listening to this broadcast all the way through, or they are listening to the podcast at a later time, then they obviously have something going on within them. Whether they believe it or not, why would they be listening until the very end of this broadcast? I would pray for them right now that your Holy Spirit will grab hold of their heart, soften their heart, and I pray that, Lord, they'll stop fighting you, stop resisting, that they'll respond to the tugging of your Holy Spirit in their life, and that ultimately they'll come to a saving knowledge of Jesus Christ. And that, Lord, even right now, they would say, Jesus, I don't know what's going on, but I'm looking for answers. If you're the answer, will you make it clear to me? Will you reveal it to me? I pray that would be their prayer right now, and that, Father God, you reveal yourself to them. In Jesus' name, amen.

Well, if you have any questions about going to heaven, about Christianity, about serving God, about going on a God hunt, whatever it may be that I've shared, you can give me a call and reach me anytime. Again, my name is Rich, and you can reach me at 1-866-WANT-GOD. That is 1-866-WANT-GOD. 1-866-WANT-GOD. Happy New Year's.

You've been listening to There is Hope, and any advice or counsel given was provided for informational purposes only. There is Hope Radio, an outreach of Standing in the Gap. The focus of Standing in the Gap is intercessory prayer for individuals, the community of Fairfield Bay, Arkansas, and America.

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